



SCHEDULE FOR **THE ORANGE ROOM** – SEPTEMBER 2019

**Individual Sessions for Non- Judgemental Listening**

Date	Day	Opening Hours	Event Name	Slots Available
2-Sep-19	Monday	5 PM - 7 PM	Individual Appointments	2
3-Sep-19	Tuesday	5 PM - 7 PM	Individual Appointments	2
4-Sep-19	Wednesday	6 PM - 7 PM	Individual Appointments	1
5-Sep-19	Thursday	6 PM - 7 PM	Individual Appointments	1
6-Sep-19	Friday	6 PM - 7 PM	Individual Appointments	1
16-Sep-19	Monday	6 PM - 7 PM	Individual Appointments	1
17-Sep-19	Tuesday	6 PM - 7 PM	Individual Appointments	0
18-Sep-19	Wednesday	6 PM - 7 PM	Individual Appointments	1
19-Sep-19	Thursday	6 PM - 7 PM	Individual Appointments	0
20-Sep-19	Friday	6 PM - 7 PM	Individual Appointments	0
23-Sep-19	Monday	6 PM - 7 PM	Individual Appointments	1
24-Sep-19	Tuesday	6 PM - 7 PM	Individual Appointments	1
25-Sep-19	Wednesday	6 PM - 7 PM	Individual Appointments	1
26-Sep-19	Thursday	6 PM - 7 PM	Individual Appointments	1
27-Sep-19	Friday	6 PM - 7 PM	Individual Appointments	0
30-Sep-19	Monday	5 PM - 7 PM	Individual Appointments	2

## Group Sessions

Date	Day	Opening Hours	Event Name	Seats Available
7-Sep-19	Saturday	10 AM - 1 PM	Group Session - WOMEN & MENTAL HEALTH	6
9-Sep-19	Monday	10 AM - 1 PM	Group Session - MEN & MENTAL HEALTH	6
10-Sep-19	Tuesday	10 AM - 1 PM	PUBLIC EVENT- WORLD SUICIDE PREVENTION DAY - Let's work together to prevent suicides	15
22-Sep-19	Sunday	4 PM - 6 PM	PUBLIC EVENT- POPULAR CULTURE REVIEW- SELF HELP BOOKS - How it helps to overcome hardships in life	15
29-Sep-19	Sunday	4 PM - 6 PM	PUBLIC EVENT- MENTAL HEALTH IN DEAF COMMUNITY - Let's discuss the basic concept of Mental Health	15

## Holiday Calendar

Date	Day	Comments
1-Sep-19	Sunday	Weekend
8-Sep-19	Sunday	Weekend
11-Sep-19	Wednesday	Onam
12-Sep-19	Thursday	Onam
13-Sep-19	Friday	Onam
14-Sep-19	Saturday	Weekend
15-Sep-19	Sunday	Weekend
21-Sep-19	Saturday	Weekend
28-Sep-19	Saturday	Weekend